

MAIN STREET CAFE



LITE LINE MENU

1/2 Pita Pocket favorites
Served with Fresh Fruit Cup

Tuna Salad	\$7.95
Chicken Salad	\$7.50
Shrimp Salad	\$7.95
Seafood Salad	\$7.95
Indiv. Tuna (Water)	\$8.25
Indiv. Salmon (Water)	\$8.25
Indiv. Sardines	\$7.95
Fresh Turkey	\$7.95

ON THE LIGHTER SIDE

PLATTERS

Grilled Chicken Breast w/ Steamed or Grilled Vegetables	\$9.50
Eggplant Parmigiana w/ LOW FAT Mozzarella Cheese	\$8.50
Sliced Roast Turkey w/ Steamed broccoli	\$9.50
Tuna Salad, Potato Salad and Cole Slaw	\$8.50

COMBINATION SALADS

Tuna or Chicken Salad	\$8.25
Shrimp or Seafood Salad	\$8.75
Indiv. Tuna, Salmon or Sardines	\$8.95
Turkey	\$8.95
Grilled Chicken	\$8.95
Fandango Salad Gorgonzola Cheese, Walnuts & Mandarin Oranges over Spring Mix	\$8.00
Grilled Sesame - Ginger Chicken w/ Roasted Peppers & Fresh Mozzarella over Garden Salad	\$9.50

CRISPY COLD SALADS

House Salad	\$3.95
Greek Salad	\$8.75
Greek Grilled Chicken Salad	\$9.50
Mixed Green Vegetable Salad w/ Grilled Chicken	\$8.00
Chef Salad	\$9.50
Caesar Salad	\$9.25
w/ Grilled Chicken	\$7.75
	\$8.95

Chef Jose's Salad \$8.50
Mixed greens with grilled apples, cranberries,
toasted almonds & Gorgonzola cheese crumbles
w/ Grilled Chicken (\$9.95)

Pear & Goat Cheese Salad \$9.00
Baby spinach leaves, field greens, walnuts, pears,
dried cranberries & creamy goat cheese
w/ Grilled Chicken (\$10.95)

Fresh Mozzarella Salad \$8.50
Mixed greens, cherry tomatoes, fresh mozzarella
cheese, roasted red peppers & garbanzo beans
topped w/ basil & Balsamic Vinaigrette
w/ Grilled Chicken (9.95)

Grilled Vegetable Salad \$8.50
Mixed greens, eggplant, zucchini, yellow squash,
fire roasted red peppers & Portabello Mushrooms
w/ Grilled Chicken (9.95)

Grilled Sesame Salmon Salad \$10.75
Grilled Atlantic salmon w/ mixed greens, cherry
tomatoes, red onions & cucumber w/ your choice
of salad dressing

Main Street Chicken Cobb Salad \$9.50
Grilled chicken, bacon, diced tomato, crumbled blue
cheese, black olives, cucumber & egg over mixed
greens w/ your choice of salad dressing

Crab Cake Salad \$9.50
Crab cakes w/ bacon, diced tomatoes, black olives,
& gorgonzola cheese over mixed greens.

Asian Sesame Salad \$8.25
Baby spinach, mandarin oranges, red onion & walnuts
w/ Chicken (\$9.50), Steak (\$10.00) or Shrimp (\$11.00)

Buffalo Chicken Salad \$9.75
Field greens w/ grilled chicken breast basted in our
hot wing sauce with celery, carrots & creamy bleu
cheese dressing

Citrus Salad \$8.00
Mixed field greens w/ ruby red grapefruit, oranges,
apples & walnuts.
Add Chicken or Tuna Salad (8.75) or Shrimp Salad
(\$8.95) or Grilled Chicken (9.95)

Supreme Steak Salad \$10.95
Grilled sliced Sirloin Steak over mixed greens w/ fried
potato "chips", tomatoes & crisp frizzled Bermuda onions

HOURS:

MON.-SAT. 7:15 AM-9:00 PM

SUN. 7:15 AM-8:00 PM